

DYSPHAGIA MENU

MAY 2024

2023-2024 MEAL PRICES:

- PAID ELEMENTARY BREAKFAST: \$1.00 // PAID ELEMENTARY LUNCH: \$2.25
- PAID SECONDARY BREAKFAST: \$1.25 // Paid Secondary Lunch \$2.50
- REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

BREAKFAST AND LUNCH CALENDAR

MAY. 1

- Breakfast: Cinnamon Roll w/ Sausage
- Pureed Breakfast: Fruit and Yogurt Parfait
- Lunch: Chicken Nugget w/ Country Gravy

MAY. 2

- Breakfast: Cream of Wheat w/ Fruit Compote
- Pureed Breakfast: Cream of Wheat w/ Fruit Compote
- Lunch: Spaghetti

MAY. 3

- Breakfast: Pancake and Sausage
- Pureed Breakfast: 2 Yogurts
- Lunch: Mac and Cheese

MAY. 6

- Breakfast: Fruit and Yogurt Parfait
- Pureed Breakfast: Oatmeal
- Lunch: Beef and Cheese Nachos

MAY. 7

- Breakfast: Sausage Biscuit w/ Gravy
- Pureed Breakfast: 2 Yogurts
- Lunch: Mashed Potato Bowl

MAY. 8

- Breakfast: French Toast w/ Fruit Compote
- Pureed Breakfast: Fruit and Yogurt Parfait
- Lunch: Turkey Alfredo

MAY. 9

- Breakfast: Chicken Biscuit w/ Gravy
- Pureed Breakfast: Cream of Wheat w/ Fruit Compote
- Lunch: Chili

MAY. 10

- Breakfast: Muffin w/ Fruit Compote
- Pureed Breakfast: 2 Yogurts
- Lunch: Green Chili Burrito

MAY. 13

- Breakfast: Oatmeal
- Pureed Breakfast: Oatmeal
- Lunch: Cheese Enchiladas

MAY. 14

- Breakfast: Chicken and Waffle
- Pureed Breakfast: 2 Yogurts
- Lunch: Spaghetti

MAY. 15

- Breakfast: Cinnamon Roll w/ Sausage
- Pureed Breakfast: Fruit and Yogurt Parfait
- Lunch: Salisbury Steak

MAY. 16

- Breakfast: Cream of Wheat w/ Fruit Compote
- Pureed Breakfast: Cream of Wheat w/ Fruit Compote
- Lunch: Mac and Cheese

MAY. 17

- Breakfast: Pancake and Sausage
- Pureed Breakfast: 2 Yogurts
- Lunch: Chicken Nuggets w/ Country Gravy

MAY. 20

- Breakfast: Fruit and Yogurt Parfait
- Pureed Breakfast: Oatmeal
- Lunch: Bean and Cheese Nachos

MAY. 21

- Breakfast: Sausage Biscuit
- Pureed Breakfast: 2 Yogurts
- Lunch: Mashed Potato Bowl

MAY. 22

- Breakfast: French Toast w/ Gravy
- Pureed Breakfast: Fruit and Yogurt Parfait
- Lunch: Turkey Alfredo

MAY. 23

- Breakfast: Chicken Biscuit w/ Gravy
- Pureed Breakfast: Cream of Wheat w/ Fruit Compote
- Lunch: Chili

MAY. 24

- Breakfast: Muffin w/ Fruit Compote
- Pureed Breakfast: 2 Yogurts
- Lunch: Green Chili Burrito

MAY. 27

- NO SCHOOL

MAY. 28

- Breakfast: 2 Yogurts
- Pureed Breakfast: 2 Yogurts
- Lunch: Spaghetti

MAY. 29

- Breakfast: Cinnamon Roll w/ Sausage
- Pureed Breakfast: Fruit and Yogurt Parfait
- Lunch: Salisbury Steak

MAY. 30

- Breakfast: Cream of Wheat w/ Fruit Compote
- Pureed Breakfast: Cream of Wheat w/ Fruit Compote
- Lunch: Mac and Cheese

MAY. 31

- Breakfast: Pancake and sausage
- Pureed Breakfast: 2 Yogurts
- Lunch: Chicken Nugget w/ Country Gravy

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food.

Menus also available at Schoolcafe.com

Nutrient Analysis Information can be found at <https://www.cfid.net/Page/3593>

Additional Dysphagia Information:

- All menu items can be provided as Pureed, Minced and Moist or Soft and Bite Size.
- All meals come with a choice of 1% white milk or fat free chocolate milk.
- Standard dysphagia breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk.